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## THE IMPACT OF SCHOOL ACTIVITY ON THE PSYCHOLOGICAL AND SOCIAL STABILITY AND ACADEMIC ACHIEVEMENT FOR STUDENTS

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**ABSTRACT:** *The present study aimed to identify the impact of school activity on the psychological and social stability and achievement of students. To achieve this, the researcher followed the analytical descriptive method and prepared a main research tool which is a questionnaire that was applied to the study sample of male and female students. The results are: There is an effect of student activity on the psychological stability of the student and there is an impact of student activity on the social stability of the student and there is an impact of student activity on the student's academic achievement, and recommended the study to take advantage of the results that will reach this study, S expansion and diversity of activities and the need to develop training programs for entrepreneurs activity on how to prepare and implement student activity programs in the basic stage students earn myself a social stability.*

**KEY WORDS:** School activity, psychological stability, social stability, attainment.

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### INTRODUCTION

Until recently, the function of the school was to provide students with different information, and then this development evolved radically and became the student is the focus of the educational process and then expanded the function of the modern school and its goal is to develop students' personality development comprehensive after it was limited to education only. The school is not a place where students gather for collection, but a small community where its members interact Are affected and influenced each other, so modern education through the school to help students to grow healthy physically, socially, emotionally and spiritually to become good citizens (Alnaya, 1423 e).

And to understand their natural, social and cultural environments in all that they can, and to perform the work they are required as future citizens. , And achieving this requires a radical change in the behavior of students through work-related education, and this is not only by giving students the opportunity to practice various activities and programmed within and outside the school, and school activity part of the curriculum of the modern school, it helps students to create habits, skills and values and ways of thinking Is essential for further education and participation in inclusive development. School activity is an integral part of the school program as it directly touches students' personalities. Through the activity, the student can express his emotions, satisfy his needs, adjust his behavior, and master the various skills he needs in his life. (Obaid, 1999).

The education policy in the Hashemite Kingdom of Jordan stipulates that the goal of education is to understand Islam properly and to instill Islamic belief in Islam and to spread it to Islamic values and teachings, as well as to impart knowledge and skills, develop constructive behavioral trends, and develop the society economically, socially and culturally.

**Study problem:**

Education plays a vital and important role in maintaining the cohesion of society and the creation of belonging to the homeland and the feelings of unity among the members of the community has been linked to school education closely and the school's goal is not limited to simply impart information, but the main function of the school is to prepare the individual for life in the community to contribute positively effective and facilitated the preparation process that the school programs did not include the colors of religious activity and social, cultural, scientific and sports and others, so that these programs provide opportunities for students to engage in real social life in the exercise of its image thumbnails which Tent Later on the social life of the larger form, and is considered necessary in the development of skills demand is necessary, in light of providing students with the skills and abilities to help him to rely on himself to make each individual performs his duty to the best, and is no doubt that interest in the psychological and social aspect plays a close and essential role in education And education, as noble moral values are instilled in the members of society as much as that society prevails in the right adjustment of its members and stability.

The researcher noted through his field work in the field of education and direct dealing with students and discussion with the student guides and some teachers interested in the role of activity in some schools through the work of high consensus in the psychological stability of the social students participating in student activities and increased feelings of self-confidence and satisfaction and power on the face of school conditions and attitudes surrounding them more than others from the other students are not involved, where it was da Fa researcher to carry out this study, and try to figure out the extent of the contribution of student activities in the students a sense of stability Social school for myself.

**A problem can be identified Study the following questions :**

**Questions of the study:**

- 1- What is the effect of the student activity on the psychological stability of the student ?
- 2- What is the effect of the student activity on the social stability of the student ?
- 3- The impact of student activity on students' academic achievement.

**The importance of studying:**

The objectives of the present study are as follows:

1. Determine the importance of the activity in building the normal character of primary education students.
- 2 - The pioneers of the activity can benefit from the results of this study to achieve the expansion of activities and diversity.
- 3 - In light of the implementation of these results can be prepared training programs for the pioneers of activity on how to prepare and implement programs of student activity in the basic stage students gain social psychological stability.
- 4 - To highlight the role of student activity in its impact on students by increasing academic achievement.

**Objectives of the study:**

The objectives of the present study are as follows:

- 1 - To identify the richness of student activity on the psychological stability of the student .
- 2 - to identify the richness of student activity on the student social stability of the student .
- 3 - to identify the richness of student activity on the psychological stability of the student .

**Study terms:**

**Student activity :** This program, organized by the educational institutions integrated with the educational program and accepted by the student willingly and willingly and willingly so that it will happen to certain educational goals, whether these goals related to the teaching of subjects or to acquire a new experience or skill or create a scientific direction in the classroom or outside During the school day or after that lead to a growth in the student's experience and the development of hobbies and abilities in the desired educational and social trends (Guide to school activity, 1406 e, 5)

**Psychological stability :** The feeling of the individual as loved and receptive of others has his place among them, aware that his environment friendly and the cycle is not loving, and feel the scarcity of danger and threat and anxiety . (Sanaa, 1413, 33)

**School social stability :** The process that ensures a stable school environment in which all the occupants of the school and the beneficiaries of the atmosphere of stability and tranquility and peace, in other words is the case where everyone who deals with the school itself is linked to her and her lover (Obaid, edition 7,1999 m)

**Academic achievement :** Programs carried out under the supervision and guidance of the school, dealing with everything related to school life and its various activities related to the subjects of study, social or environmental aspects or clubs with interests in scientific or practical aspects . (Abdel Wahab, 1987)

## **THEORETICAL FRAMEWORK**

### **Student Activity**

The individual spends a long period of his or her life in school, providing the skills and skills to cope with the demands of the working life. The school has a clear impact on the individual's behavior and mental health. It is important for the school to enable students to use their abilities and abilities to the fullest extent possible and get to know what in themselves the strengths and weaknesses and the advantages and disadvantages, understanding Psychology is considered a gateway to understand the others good deal with them makes these students more able to counteract life and interact with people and acknowledge by their psychological stability (Ali, 1986: 264).

### **The concept of student activity:**

Due to the evolution of the perception of the student's personality as an integral whole, the view of school activity has also changed. After being considered a waste of time, it became an important aspect of school work.

The concept of "activity program" was first used by John Dewey in 1897 when he spoke to parents and teachers about his experimental school in Chicago. This was the first school of a particular activity (Simon & Labib, 1982) .

The emergence of the term school activity in some schools in the Arab world in general since the 1940s shows that the men of education in the Arab world realized - since then - the importance of activity in the formation of the student personality, and that the concept of school activity was not just entertaining the student in school or spend time The concept of activity for my students has become an invaluable tool for discovering students' talents and abilities (Saleh, 2011) .

The student activity is an activity carried out by a student or more or a group of students volunteered to participate in it for selection, student activities in some Arab countries and called them the Hashemite Kingdom of Jordan and school activities. The activity is defined in the lexicon as: the lightness of the command and the grandfather in it, which is also the honest practice of the work of the work, which is said to Aflan: agricultural activity, or commercial example (Amira, 2001).

And in the tongue of the Arabs to the son of a perspective, and activity against laziness, be in the human and animal, active human, active active, he is a good activist for the work, active activator of activity, which is active to him and hide him and affect his action, a source Mimi in the sense of activity, Abadaat (may Allah be pleased with him) said: "The Messenger of Allaah (peace and blessings of Allaah be upon him) committed to activating and disobeying him." He defined the school activity as "free, absolute activity, for its results within and outside the classroom, and thus the character of the student is integrated into knowledge and behavior they come from school and life together (Isa, 1399: 102).

### **The importance of student activity:**

The view of the school activity was limited to a kind of recreation and recreation to fill the leisure time of students and has no goals or jobs in educational situations, but is an activity outside the curriculum and separate from it , but now has developed this concept to include the total educational experience that The school gives it to its students (Al-Osaimi, 1992: 149).

The importance of student activity stems from the many benefits it achieves, including:

1. Student activity contributes to the development of good manners, good treatment and upright behavior according to the teachings of the true Islamic religion. (Al- Dayel , 1995: 15)
- 2 - Student activity contributes to the provision of a real life-like environment, but under the supervision of the school ( Aldayel , 1995: 15).
- 3 - Student activity is one of the effective means to achieve the objectives of education, and a fertile field to express the students' inclination to satisfy their needs, which leads to the strengthening of their love for their school and prevents them from delinquency and rebellion ( Abu Fattouh and others, 1978: 193).
4. Student activity contributes to the optimal performance of the physical, mental and social functions that will be needed in different stages of life. It is therefore a major factor in growth and helps to develop social skills and professional tendencies. (Suleiman, 1987: 19)
- 5 - Student activity contributes to the investment of leisure time for students so that this time is full of different activities, which supports the mental health aspects of the student (Suleiman, 1987: 19).
- 6 - Student activity provides students with moral, scientific and practical experiences, such as cooperation with others and responsibility and restraint, which supports the character of the student (Hqail, 1406: 305-306).
- 7 - Student activity provides the opportunity for students to show talent and innovation, which contributes to the service of the community in terms of discovering the abilities, talents and youth leaders that contribute to mastering work with every success and service to the community. (Al-Dayel, 1995: 15)
- 8 - Student activity contributes to the consolidation of concepts and awareness of the learning process of students, so there should be coherence and complementarity between activity and methodology ( Dale , 1995: 15).

The researcher believes that the student activity is a means to achieve many of the goals and objectives of educational, psychological, social, economic and physical, and if the best

implementation and better organized and refined plans, continued evaluation and follow-up within the school.

### **Objectives of student activity**

The objectives of the school activity vary widely. The main objectives of the school activity in the Kingdom of Saudi Arabia can be summarized as follows:

1 - Building the integrated personality of the student according to the values of our religion, and translated into actions and behavior (a guide to school activity, 1406: 5-6).

2 - Participate in achieving the social growth of the student through the formation of the Islamic personality integrated and positive, which defines the rights and duties and help them to interact with their Muslim community in order to achieve them social adjustment sound, and make the individual keen to maintain the cohesion of society, guardian of its values and principles , Calling for effective and fruitful behavior (intruder, 1423 e: 25)

3 - Helps to meet some of the psychological needs of the student, such as the need for belonging and friendship and self-realization and help the student to get rid of some of the psychological problems such as introversion and anxiety and help him to self-reliance and take responsibility and get used to leadership and dependency (Dakhil, 1423 H: 25 - 26).

4 - The service of scientific material and work to facilitate their understanding and absorption through practice, will link the theory and application (guide student activity, 1405 e: 5).

5. Participate in the achievement of the student's balanced emotional growth. Through the school activity, the student can identify himself, his abilities and abilities in terms of strength and weakness to turn to the development of shortcomings and excellence with God's abilities. This can be achieved through the school activity groups Participate in the achievement of the same individual and the attention to the detection of abilities and institutions and train students to conduct social correct and contribute to this in all groups of school activity on the different objectives.

6 - Training students to love work and respect for workers and appreciation of manual work, the actual practice of the school activity shows the student the value of manual work as well as linking school life to the surrounding social life through the programs of environmental and land service in society ( Aldayel , 1995: 16).

7 - Discovering the skills and talents of students and the detection of public and private tendencies to contribute to the direction of the right educational and professional direction, through different fields of student activity and provide a good opportunity for students to satisfy their needs and develop tendencies and instill many of their qualities and skills. M: 42)

8 - Develop the taste and conscience of students through the enrollment of students in various art groups where the preparations are free outlet, and in many of the collective life situations related to selection and organization needs a student of a taste of high, and these opportunities undoubtedly to sharpen the talents of students and eager Their artistic sense (Zinni, 1987: 42).

9. Participation in the achievement of physical growth of the student, so for Aviate Coordination accustom students to maintain public hygiene and care and first aid

training, will also attend school activity in the obese care of the health awareness of food quality and quantity, and awareness of sports knowledge and practice, and health awareness in maintaining The environment. (Abdel Wahab, 1987: 42).

10 - Learn planning and teamwork in a team where the work in any form of student activity to planning and collaborative work, there are projects carried out by learners, and there are visits and interviews planning and work to achieve the goals that participated in the identification and formulation, they may feel happy and satisfied When they see and realize that their goals have been achieved (Al- Dayel , 1995: 17-18).

### **Psychological stability**

Psychological stability is one of the main concepts of psychology (Hussein, 1989: 306). The concept of psychological stability is a comprehensive concept that psychology theories have dealt with in a different way and focused on mental health studies in particular. (Law: 1988). The word stability is used in the Arabic language in the sense of reassurance and non-fear, it is stability of security and reassurance is said security safe, safe and secure if assured and did not hide it is safe, and the country Secretary or Secretary who reassured his family, and security is said so on if so trusted and assured him (Joseph, DT: 71).

And the word stability of security as close as they are in the language of one of the secretariat which is against treason, meaning the silence of the heart, and the ratification (Fares, 1979). Stability in its psychological basis is a sense of calm, tranquility and distance from anxiety and disorder, which is a necessary feeling for the life of the individual and society, and one of the most important reasons for the reassurance of one's self and money and sense of affection and affection of those around him (Spring, 1996: 2).

The feeling of psychological stability lies in the individual's sense of acceptance and affection for others. They treat him with warmth, affection, a sense of belonging to the community, a role in him, a sense of safety, and a scarcity of feelings of danger, threat, or anxiety. A person's psychological stability is one of the basic mental health requirements he needs in order to enjoy a positive and balanced personality.

Maslow believes that the satisfaction of the needs of psychological stability is done in many ways and according to the nature of the individual and the stage of growth, but the most important means to do this by spare the individual sources of pain and anxiety and seek reassurance.

### **Maslow 's emotional reassurance has three primary dimensions:**

- 1 - The feeling of the individual that others accept him and love him and look at him and treat him in warmth and affection.
2. The individual's sense of belonging and his sense of belonging to the community.
3. The individual's sense of safety and the scarcity of feeling of danger, threat and anxiety. (Abdel Salam, 1399 e).

That the basis of understanding the personality of the individual is to estimate the sources of motivation behind his apparent behavior and that this basis in the study of the needs of the individual and the real forces behind the continuation of the wheel of human behavior and the most important of these needs and the most important to the need for a sense of stability and tranquility cannot understand the need of the individual The sense of stability as an essential

need independent from the rest of the needs as it is a fundamental factor involved in all forms of behavior, when satisfying the need of the individual associated with any circumstances, it usually feels the stability and reassurance in relation to that circumstance or experience.

Rave has developed a comprehensive and comprehensive theoretical model of the concept of security ("stability") psychological consists of key elements that constitute:

1 - self - acceptance, and is the self - look of the individual self - esteem and a sense of value and importance of life.

2. The positive relationship with others is the ability of the individual to establish positive relationships with others that are characterized by trust, respect, warmth and love.

3. Independence: It is the self- reliance of the individual and the organization of his behavior and evaluate himself through specific criteria set for himself.

4. Control of the self-environment / the ability of the individual to manage his own environment and exploit the good opportunities in his environment to benefit from them.

5. Self-development is the individual's awareness of his abilities and potentials and the pursuit of development with the development of time.

In the opinion of Raiff that the absence or decline of these elements is an indicator of the lack of sense of stability. (Al-Shara'a, 1988).

Othman Faraj mentions that the lack of a sense of stability makes the individual finds it difficult to cope with life , including problems and difficulties as it is in his response to the external position of overlap fears and concerns and the types of conflict that suffers from it. (Farraq 1970).

Abdul Rahman al-Isawi knows the psychological stability of the individual free of tensions and crises and does not suffer from conflicts and psychological pain and be free of violent and sharp emotions , and be confident of himself satisfied. (Issawi, 1985: 193). He knew Abdul Khaliq psychological stability as "freedom from fear , whatever the source of this fear human and feel with stability when it was reassuring to his health and his work and his children and their future, rights and social status, the event threatens these things or even predicted the individual this threat art loses his feeling with stability and feeling with stability condition Is necessary for the conditions of mental health, and the loss of this feeling is the first enemy of all psychological peace and steadfastness in the face of adversity. (Abdul Khaliq, 1983: 248). Al-Rihani believes that the need for psychological stability is one of the most important needs behind the continuation of human behavior. The individual's need for a sense of stability cannot be understood in isolation from the rest of the needs. These needs are general rather than basic. he feels with stability and confidence in associated saturates that need. (Rihani: 1985).

The sense of stability is a necessary psychological need. The individual must feel loved by others, he has the ability to love, and he feels that he has the ability to achieve. This is from his successes in work and in most projects that concern him. He also needs to appreciate freedom and belonging, and if the individual feels that all these needs are saturated, this is one of the indicators of the task to be compatible and the opposite occurs if he is not as saturated. (Al-Tayyib and Aldad, 2000: 39).

Scientists believe that the loss of psychological stability impact in childhood is more dangerous than losing in the other stages, sees Maslow that the loss of feeling with stability in childhood determines the individual compatibility of future responses, it was stated that the type of responses issued by the failure to satisfy the need for stability Kaladtrab , for example , become the attributes of an independent To the extent that the person who is not safe remains

unsafe - even if he / she subsequently has the factors of love and stability , and the person is safe even if threatened and rejected . (Rihani:1985). After reviewing the various definitions of psychological stability, the researcher believes that most of these definitions have focused on several aspects:

1. To ensure personal safety and distance from danger, threat or concern.
- 2 - the need to sense the individual to accept others to him and deal with warmth and affection .
3. Ensuring safety in mental health where the person is psychologically (personally, emotionally and socially) compatible with himself and his environment and feels happy with himself and with others.

Stability is achieved in childhood if parents, teachers and adults treat it with affection and love and help it to achieve its needs and to move away from the unfamiliar and strange situations that result in responses of feeling of danger, tension and disorder .

### **Social stability**

Stability and social necessities of life that cannot continue where without him and he human needs like his food and drink.

Human nature tends to achieve two kinds of stability:

- (1) Self-stability.
- (2) Social stability.

The self - security it has in securing the individual needs of self - food, clothing gesticulate Wei health and education to other than the needs of the individual, has emerged recently recent terms articulated sum of the individual needs of the general collective needs to be in the aggregate outcome of self - security of the individual, which is what Is known as social stability , and social stability is a prominent place between the concerns of officials and educators in contemporary society to connect directly to daily life, so as to provide reassurance in the soul and safety in dealing and dealing.

Al Awji believes that providing social stability is a key factor in the preservation of human beings and society. A solid society cannot remain a flourishing and stable society if it does not achieve the means of tranquility, well-being, overcoming poverty, disease, ignorance and self- reliance . ( Awji , 1985: 8). Some believe that social stability is the sense of the individual and the human community satisfying their motives for membership and psychological and at the top of the stability of the physical and psychological manifestations of the reassurance of the community to the disappearance of what threatens the manifestations of this physical motivation such as permanent tranquility and stable and ongoing livelihood and compatibility with others and psychological recognition of the community and the individual role and status in it , Which can be expressed in terms of "general tranquility" where the life of the community in relative calm (Abdul Karim, 1975).

From this we see that the concept of social stability means providing protection, reassurance and safety for members of society from the danger that may be achieved or expected to occur in the sense of meeting the human needs that the individual needs to live a happy and happy life in society.



In order for the right person to be properly educated and educated, he needs to be educated in order to be a good citizen in his society. Therefore, the means and means used by nations, peoples and nations to ensure security, stability and provision are varied.

## METHOD AND PROCEDURES

**Society and the study sample:** The study population consisted of all primary school teachers in Jerash Governorate of their number (265) as well as all students of the ninth grade in Jerash governorate of their number (1642) . The study sample consisted of ( 100 ) teacher and administrative were randomly selected , And (50) of the students of the ninth grade were randomly selected.

### Study Tool:

The researcher prepared a tool major research and one which is a questionnaire consisting of (20) paragraph to measure the **impact of school activity on the psychological and social stability and academic achievement of students**, and adopted a researcher on the test results of the final to determine the achievement of students in all subjects.

### Statistical analysis:

The data of this study were processed according to the following methods:

1. Using the Cronbach Alpha parameter to determine the stability of the tool
2. Mathematical averages and standard deviations.
3. One way ANOVA.

### Reliability of the Study Tool:

The researcher applied the tool on a survey sample of the study population of ( 100 ) teachers to calculate the stability of the study tool through the equation of the consistency of internal consistency (midterm fragment) and corrected by the equation of Spearman Brown, and the following table indicates the value of stability and corrected stability value.

The reliability coefficient was (0.79) in this study, while the corrected reliability coefficient (0.88) was acceptable in this type of humanitarian studies. See Table (1).

**Table (1) The study tool reliability coefficient**

Split - half reliability coefficient	Corrected reliability coefficient
0.79	0.88

**Corrected reliability equation =  $2 \times \text{split - half reliability coefficient} / 1 + \text{split - half reliability coefficient}$**

### Data Analysis and Testing of Study Hypotheses:

**The first hypothesis: Is there a significant statistical effect at the level of significance (  $\alpha = 0.05$  ) for the student activity on the psychological stability of the student .**

To test this hypothesis, the researcher conducted a single-variance analysis ANOVA ) The following table illustrates this :

**Table ( 2 ) Test ANOVA ) For student activity and psychological stability (n = 100 )**

Source of Contrast	Total squares	Degrees of freedom	Average squares	Values F	sig
<b>Between groups</b>	5 212.491	11	473.862	2.90	.000
<b>Within groups</b>	9 502.594	88	163.837		
<b>Total</b>	14715.086	99			

It is clear from the table above that there is a statistically significant effect for the activity of demand Abe on the psychological stability of the student, at the level of significance ( $\alpha \geq 0.05$ ), reaching the value of ( F ) Calculated (2.90) which is higher than the value of ( F ) Tabulated at degrees of freedom (11/ 88 ), which amounts according to statistical tables (1.92).

**The second hypothesis: Is there a significant statistical effect at the level of significance ( $\alpha = 0.05$ ) for the student activity on the social stability of the student .**

To test this hypothesis, the researcher conducted a single-variance analysis ANOVA).The following table illustrates this:

**Table ( 3 ) Test ANOVA L ) Student activity and student social stability . (N = 100 )**

Source of Contrast	Total squares	Degrees of freedom	Average squares	Values F	sig
<b>Between groups</b>	5652.686	12	471.057	2.96	.000
<b>Within groups</b>	9062.400	87	158.989		
<b>Total</b>	14715.086	99			

It is clear from the table above that there is a statistically significant effect for the activity of the student on the stability of the social student , at the level of significance ( $\alpha \geq 0.05$ ), reaching the value of ( F ( Calculated ) 2.96 ) Which is higher than the value of ( F ) Tabulated at degrees of freedom (12/ 87 ), which amounts according to statistical tables (1.92).

**The third hypothesis: Is there a significant statistical effect at the level of significance ( $\alpha = 0.05$ ) for the student activity on the student's academic achievement .**

To test this hypothesis, the researcher conducted a single-variance analysis ANOVA ) The following table illustrates this :

**Table ( 4 ) Test ANOVA ) For the activity of the student and academic achievement of the student . (N = 50 )**

Source of Contrast	Total squares	Degrees of freedom	Average squares	F	sig
<b>Between groups</b>	6503.405	6	1083.901	8.316	.000
<b>Within groups</b>	8211.681	43	130.344		
<b>Total</b>	14715.086	49			

Is clear to us from the previous table that there is a statistically significant effect for the activity of the student on the academic achievement of the students at the level of significance ( $\alpha \geq 0.05$ ), reaching the value of ( F ) Calculated (8.316) which is higher than the value of ( F ) Tabulated at degrees of freedom (6/ 43), which amounts according to statistical tables (2:25).

## RESULTS

1. There is the impact of the activity of the student on the psychological stability of the student.
2. There is the impact of activity on student stability and social student.
3. There is the impact of the activity of the student on the academic achievement of the student.

### Recommendations:

1. The results of this study should be used to achieve the expansion and diversification of activities.
2. The need to prepare training programs for the pioneers of the activity on how to prepare and implement programs of student activity in the basic stage students gain social psychological stability.
3. The need to highlight the role of student activity in its impact on students by increasing academic achievement.

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